Y W F A V O R I T E W

U M M Y D F T S W E E T H A R V E S T

G B H E A L T H Y M U F R U I T A N U T R I E N T S F A R M E R S

R I P E B U H S T R A W B E R R Y V I T A M I N S N D I P L A N T S I Q

CALIFORNIA STRAWBERRIES™

Strawberries are juicy, sweet, and very yummy to eat. And, they are packed with healthy nutritions. So don't hold back when eating strawberries. Every berry you eat helps keep your body happy andyour brain sharp!

A "Berry" Fun Word Hunt

Find each word in the border.
Circle the word and check its box.

- ☐ FARMERS
- ☐ FAVORITE
- ☐ FRUIT
- ☐ HARVEST
- ☐ HEALTHY
- ☐ NUTRIENTS
- ☐ PLANTS
- ☐ RIPE
- ☐ STRAWBERRY
- ☐ SWEET
- ☐ VITAMINS
- ☐ YUMMY

Farm Fresh Code

2	7	7	10	11		14	7	12	9

2	9	1	5	6		8	7	13	3	9		13	5	11	4

10	11	9	1	13	2	3	9	9	5	3	10

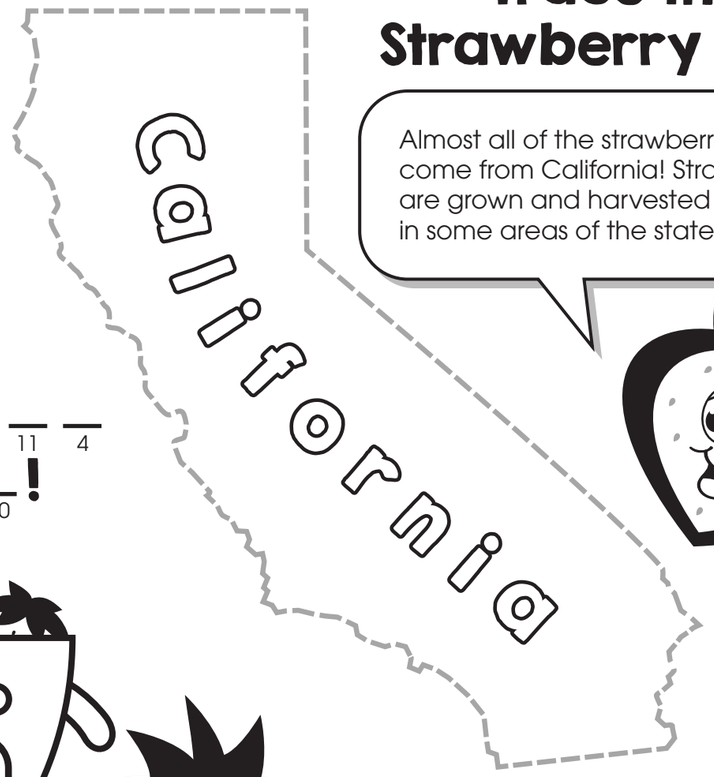
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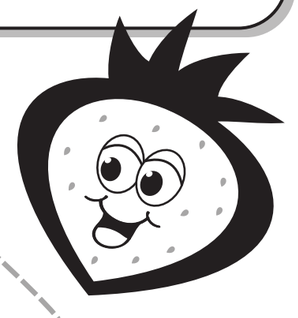
Write each letter on the matching numbered line.

1	2	3	4	5	6	7
A	B	E	H	I	N	O
8	9	10	11	12	13	14
P	R	S	T	U	W	Y

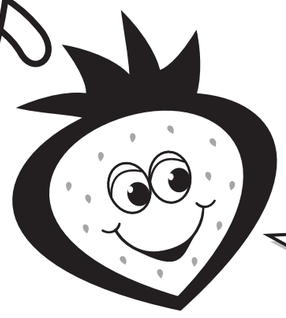
Trace the Strawberry State



Almost all of the strawberries you eat come from California! Strawberries are grown and harvested year-round in some areas of the state.



Strawberries are more than just yummy. They are good for you too!

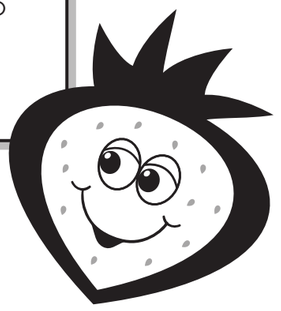


U-Pick the Pairs

Draw lines to connect the look-alike strawberries.



Did you know that all California strawberries are handpicked? The berries go right into the containers you see in the grocery stores.



One cup of has more vitamin C than an , half the sugar of an , and half the calories of a .

STRAWBERRIES DELIVER!

Yummy Taste

Vitamins & Nutrients

Brain Power

CALIFORNIA STRAWBERRIES™

Strawberries are oh so yummy! Fresh or frozen, they are always a healthy choice. Add them to your breakfast, lunch, dinner, or snack. Hey, why not eat some strawberries right now?